



HEALTH MATTERS



A MONTHLY REPORT ON THE STATUS OF THE CITY OF CARMEL EMPLOYEE HEALTH BENEFIT PLAN

July 31 Balance	\$3,161,961		Dec 31, 2016 Balance	\$1,570,679
Total Revenues	\$1,131,945		Jan-Aug Revenues	\$9,489,334
Employer Premiums	169,138		Jan-Aug Expenses	(\$7,771,925)
Employee Premiums	866,418		August 31, 2017 Balance	\$3,288,088
Other Revenues	96,389			
Total Expenses	(\$1,005,818)		YTD Gain/(Loss)	\$1,717,409
Week 1 Claims	145,622			
Week 2 Claims	193,648			
Week 3 Claims	166,617			
Week 4 Claims	149,073			
Week 5 Claims	142,648			
Clinic Expenses	68,069			
Wellness Expenses	3,621			
Fixed Costs—Premiums	90,577			
Fixed Costs--Fees	45,943			
Monthly Gain/(Loss)	\$126,127			
August 31 Balance	\$3,288,088			

The "Other Revenues" in August consists largely of a prescription drug rebate. We continue to build our balance to a sustainable level.

Open Enrollment Starts Next Monday

Open enrollment for your 2018 medical and dental insurance begins next Monday, October 2nd, and run through October 31st. Starting in 2018, our medical plan will include a benefit for infertility treatments. Our dental plan will also have several improvements, including increased calendar year and lifetime maximums. **And here's the best news - premiums will NOT increase!!** Please read the applicable section below.

- **ACTIVE, FULL-TIME CITY EMPLOYEES** Next Monday, October 2nd, you will receive an email from Sue Wolfgang outlining everything you need to know about choosing your 2018 health insurance benefit, including instructions on how to enroll and descriptions of your options. This information will also be available on the City website. As in the past, you are required to do your enrollment on a City computer - paper enrollments will not be accepted.
- **ACTIVE, FULL-TIME PARKS DEPARTMENT EMPLOYEES** Next Monday, October 2nd, you will receive an email from Sue Wolfgang (forwarded from Lynn Russell) outlining everything you need to know about choosing your 2018 health insurance benefit, including instructions on how to enroll and descriptions of your options. This information will also be

available on the City website. Your enrollment must be completed at a computer station set up in or near Lynn Russell's office - paper enrollments will not be accepted.

- **RETIREES** In the next few days you will receive an email from Barb Lamb outlining everything you need to know about choosing your 2018 health insurance benefit, including instructions on how to enroll and descriptions of your options. This information will also be available on the City website.

In addition to the email and City website, the enrollment documents will be available through the HELP/INFORMATON link on the enrollment site. **REMEMBER - Open enrollment runs from October 2nd through October 31st. If you wish to have medical and/or dental insurance through the City next year, you MUST enroll during this time period, no exceptions. Also, if you do not wish to be on the City's health plan next year, you must indicate that through the open enrollment site.**



"I'm sorry, but stress caused by trying to figure out your health insurance is not covered by your health insurance."

Be a Flu Fighter

Next week the City will begin providing free flu shots to all full- and part-time employees, retirees, commission and board members and dependents (13 years of age and older) according to the following on-site schedule:

- Thursday, October 5th 8 AM - Noon Street Department
- Tuesday, October 10th 8 AM - Noon City Hall Caucus Rooms
- Tuesday, October 17th 2 - 6 PM City Hall Caucus Rooms
- Thursday, October 19th 1 - 5 PM Wastewater Treatment Plant

Please mark your calendar if you wish to receive a flu shot. Appointments are not necessary.

After October 19th - If you cannot attend on these dates or have a dependent under the age of 13 who needs a shot, you must make an appointment at the Health Center (even if you are not on the City's health plan) after October 19th, either by going to the Health Center link on the City's website or calling 317-688-5415 during hours of operation.

The Health Center Moves on Up!

Next Monday, October 2nd, the Primary Plus Health Center will begin operations at its new location, 99 East Carmel Drive, Suite 150. Along with this move, additional provider and facility hours are being added. The new hours will be as follows:

- Monday 8 AM - 5 PM
- Tuesday 8 AM - 6 PM
- Wednesday 8 AM - 5 PM
- Thursday 1 PM - 5 PM
- Friday 8 AM - 1 PM

Also, be sure to check out the Health Center's new Facebook page at "Primary Plus Wellness Center" or @PrimaryPlusWellness. Marissa Grant, the City's wellness coach, will regularly post wellness ideas, tips, recipes and information on upcoming wellness events.

*"Life's problems wouldn't be called
HURDLES if there wasn't a
way to get over them."*

October is Breast Cancer Awareness Month

Be the Hope  Be the Courage  Be the Strength