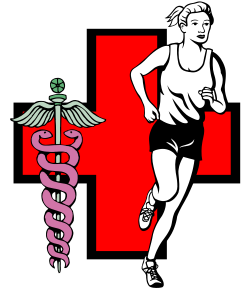




HEALTH MATTERS



A MONTHLY REPORT ON THE STATUS OF THE CITY OF CARMEL EMPLOYEE HEALTH BENEFIT PLAN

May 31 Balance	\$1,410,962		Dec 31, 2019 Balance	\$1,887,709
<u>Total Revenues</u>	\$1,198,353		Jan-Jun Revenues	\$7,388,070
Employer Payroll	924,488		Jan-Jun Expenses	(\$7,926,741)
Employee Payroll	179,258		June 30, 2020 Balance	\$1,349,038
Other Revenues	94,607			
<u>Total Expenses</u>	(\$1,260,277)		YTD Gain/(Loss)	(\$538,671)
Week 1 Claims	133,189			
Week 2 Claims	245,636			
Week 3 Claims	140,049			
Week 4 Claims	245,791			
Clinic Expenses	70,238			
Wellness Expenses	3,896			
Fixed Costs—Premiums	123,167			
Fixed Costs—Fees	49,241			
Coronavirus Testing	248,970			
Other Expenses	100			
<u>Monthly Gain/(Loss)</u>	(\$61,924)			
June 30 Balance	\$1,349,038			

Most of the Other Revenues consist of a prescription drug rebate.

Primary Plus Employee Health Center Appointments

When making an appointment for family members (spouse, child) please do not schedule the appointment under your name/account. Each person who is being seen in the clinic needs their own account on Appointment Plus. If you have questions on how to set up the profiles, please contact the clinic at 317-688-5415.

The hours of the Primary Plus Employee Health Center are:

- Monday 8:00 a.m. – 5:00 p.m.
- Tuesday 8:00 a.m. – 6:00 p.m.
- Wednesday 8:00 a.m. -5:00 p.m.
- Thursday 1:00 p.m. – 5:00 p.m.
- Friday 8:00 a.m. – 1:00 p.m.

Virtual visits will continue to be offered at the clinic. If you need assistance in downloading the app, creating an account, testing your device and/or conducting a practice visit, please call 317-962-9628 or email virtualvisithelp@iuhealth.org. A member of the Customer Service team is available Monday – Friday 8:00 a.m. to 5:00 p.m. to ensure each patient is prepared for their visit.

Anthem COVID-19 Resource

Anthem has partnered with "Aunt Bertha" which is an organization that connects people to free or reduced cost services in their area. If you or someone you know needs emergency support for food, housing, medical care or other essential goods and services, go to www.anthem.bcbs.auntbertha.com to search by zip code.

Mask Wearing Dos and Don'ts

Masks are a part of our new reality. As of July 27, 2020, everyone in Indiana age 8 or older is required to wear a face mask in indoor public spaces, while using public transportation and outside when not socially distanced. Here are some helpful guidelines from Johns Hopkins Medicine (<https://www.hopkinsmedicine.org/health/conditions-and-diseases/coronavirus/proper-mask-wearing-coronavirus-prevention-infographic>) on how to properly wear a face mask:

DO:

- Wash your hands your hands before and after touching the mask
- Touch only the bands or ties when putting on and taking off your mask
- Make sure the mask fits to cover you nose, mouth and chin. If you adjust the mask to cover those areas, wash your hands before and after
- Make sure you can breathe and talk comfortably through your mask
- Wash reusable masks after each use. If the mask is disposable, discard it when visibly soiled or damaged

DON'T:

- Touch your or your child's mask while it is being worn
- Wear the mask under your chin with your nose and mouth exposed
- Leave your nose or mouth uncovered
- Remove the mask while around others in public
- Share your mask with family members or friends, especially after being worn

Protective face coverings are not a replacement for social distancing. You should still stay at least six feet away from other people, clean your hands often and take other preventative measures.

If you have questions about the City's benefit plans, please contact Michele Leaks at 317-571-5850 or mleaks@carmel.in.gov.

