



# HEALTH MATTERS



## A MONTHLY REPORT ON THE STATUS OF THE CITY OF CARMEL EMPLOYEE HEALTH BENEFIT PLAN

August 31 Balance	\$2,221,041		Dec 31, 2019 Balance	\$1,887,709
<u>Total Revenues</u>	\$1,125,425		Jan-Sep Revenues	\$12,305,628
Employer Payroll	925,793		Jan-Sep Expenses	(\$12,158,502)
Employee Payroll	177,499		Sep 30, 2020 Balance	\$2,034,835
Other Revenues	22,133			
<u>Total Expenses</u>	(\$1,311,631)		YTD Gain/(Loss)	\$147,126
Week 1 Claims	180,740			
Week 2 Claims	178,369			
Week 3 Claims	186,700			
Week 4 Claims	285,950			
Week 5 Claims	273,937			
Clinic Expenses	68,366			
Wellness Expenses	12,338			
Fixed Costs—Premiums	123,391			
Fixed Costs—Fees	50,450			
COVID Testing	227,090			
COVID Reimbursement	-275,700			
<u>Monthly Gain/(Loss)</u>	(\$186,206)			
September 30 Balance	\$2,034,835			

More reimbursements for COVID-19 testing are coming in October. All testing costs are being paid with funds allotted to Carmel from the Coronavirus Aid, Relief, and Economic Security (CARES) Act.

### **COVID-19 TESTING**

City employees, Retirees and their immediate family members continue to have access to free COVID-19 testing through Aria. You **must** register at <https://www.ariadx.com/carmel-testing> to schedule the test.

#### Testing Locations:

Carmel United Methodist Church – 621 South Rangeline Road

St Luke’s United Methodist Church – 100 W. 86<sup>th</sup> Street

When an employee tests positive they will first be notified by their Director. Stacey Neese from the Primary Plus Employee Health Center will also contact COVID positive employees to help direct their care and to manage the retesting process for clearance to return to work.

## **Digital Banking with IMCU**

Indiana Members Credit Union has upgraded their online banking. Login to online banking at IMCU.com using your current login name and password. You will be prompted to change your password after your first login. Detailed instructions are available at IMCU.com.

You can also use the Mobile App to access your account. If you have an Apple device, you will need to take an update to your existing IMCU App. If you have an Android device, you will need to visit the Google Play Store to download the new IMCU App. If you have questions, contact Member Services at 800-556-9268.

## **Online Hearing Screening and Resources**

"Overexposure to noise is resulting in hearing loss for significant portions of the population. The prevalence of hearing loss grows with each decade of life. By the time we reach our 70s, more than two thirds of us will have addressable hearing loss. Even in our 40s, 13% of people in the U.S. are suffering from hearing loss" ([vsp.com/eyewear-wellness/eye-on-vsp/hearing-loss-treatment](http://vsp.com/eyewear-wellness/eye-on-vsp/hearing-loss-treatment)).

VSP, our vision plan provider, has partnered with TruHearing to offer a personalized and guided process for checking your hearing and information on how to treat it, if necessary. A no-cost online screening tool is available at <https://www.shoebonline.com/vsp/>.

The no-cost screening is available now and takes less than five minutes to complete. All you need is an internet-connected device with in-ear or over-the ear headphones. The screening will provide you with your baseline hearing health and helps you determine if you need to seek further treatment. The screening is also available and free to you, your family and your friends by visiting this link <https://truhearing.com/VSP>.



If you have questions about the City's benefit plans, please contact Michele Leaks at 317-571-5850 or [mleaks@carmel.in.gov](mailto:mleaks@carmel.in.gov).