

HEALTH MATTERS



A MONTHLY REPORT ON THE STATUS OF THE CITY OF CARMEL EMPLOYEE HEALTH BENEFIT PLAN

March 31 Balance	\$1,855,651	Dec 31, 2020 Balance	\$2,387,586
<u>Total Revenues</u>	\$1,108,900	Jan-Apr Revenues	\$4,806,610
Employer Premiums	914,102	Jan-Apr Expenses	(\$5,529,895)
Employee Premiums	173,772	Apr 30, 2021 Balance	\$1,664,301
Retiree/COBRA Premiums	21,026		
<u>Total Expenses</u>	(\$1,300,250)	YTD Gain/(Loss)	(\$723,285)
Week 1 Claims	215,547		
Week 2 Claims	265,159		
Week 3 Claims	210,710		
Week 4 Claims	293,556		
Clinic Expenses	96,525		
Wellness Expenses	8,684		
Fixed Costs—Premiums	131,819		
Fixed Costs—Fees	25,465		
COVID Testing	52,785		
<u>Monthly Gain/(Loss)</u>	(\$191,350)		
April 30 Balance	\$1,664,301		

We expect to be reimbursed by FEMA for all our COVID testing costs this year, about \$375,000 through April.

IU Health Portal – Primary Plus Employee Clinic

Want to get lab results from the Primary Plus Clinic in real time? How about send a message to Kellie or Dr. Sampson, or request a medication refill? Do all of that by setting up and utilizing the IU Health Portal. Go to <https://myiuhealth.org/> and follow the three-step process:

1. Enter your personal information:
 - a. Name
 - b. Date of Birth
 - c. Last four digits of your SSN
 - d. Address
2. Answer ID verification questions. These questions have to do with your credit or financial history. IU Health does not have access to your financial records and does not use or store this information.
3. Complete the profile by creating a username and password and submitting a valid email address.

Sending Your Provider a Message:

1. Once logged into MyIUHealth.org, navigate to "Health Services Inbox" on the home page
2. Select "Send a Message"
3. Search for your provider (Kellie Marsoobian, NP or Dr. Johanna Sampson)
4. Complete message and send (please allow 1-3 business days for a reply)

Requesting a Medication Refill:

1. Once logged into MyIUHealth.org, navigate to "Health Services" on the home page
2. On the left-hand side select "medical record"
3. Select "medications"
4. Select "renew"
5. Select which medications you need refilled

Primary Plus Employee Clinic Appointment Reminder

Please arrive 10 minutes before your scheduled appointment. This ensures that all appointments at the clinic can be on time for the day. When you are late, it pushes back everyone else's appointment.

