



## **ICE (In Case of Emergency)**

**At no time must critical care intervention be disturbed for the pursuance of ICE information. In this setting, responsibility for obtaining ICE information should be obtained by other responsible bystanders on scene.**

### **What is ICE?**

ICE has been devised in response to research that shows that 80% of people do not carry any emergency contact details with them at all times.

Although a similar proportion of those people do now carry a mobile phone, which if used correctly, can speed up notification of next of kin or designated contacts following an accident or an emergency.

Other benefits of ICE can help with identification, and gaining details of the individual's medical history, including medical conditions, allergies, blood type etc.

### **The role of the public**

People who carry a mobile phone are being encouraged to prefix an existing contact in their phone's address book with the acronym ICE (In Case of Emergency).

The ICE contact should be someone who can be reached if an individual becomes sick or injured to such an extent that they are unable to communicate. The contact should be made fully aware that they have been designated as such.

### **The role of the responder**

All personnel attending an individual who is sick or injured should try to seek ICE in any phone obviously belonging to a patient.

### **Note: Limitations**

The mobile phone system can work for all phone owners, but has limitations in some circumstances, such as:

- Where the phone is protected with a password
- Where it is damaged or the battery is flat
- Where the responder cannot be sure it belongs to the casualty

### **To the General Public:**

Please use ICE, it may save you or one of your loved one's life.



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