



# HEALTH MATTERS



## A MONTHLY REPORT ON THE STATUS OF THE CITY OF CARMEL EMPLOYEE HEALTH BENEFIT PLAN

May 31 Balance	\$658,288		Dec 31, 2013 Balance	\$589,830
Total Revenues	\$886,011		Jan-Jun Revenues	\$5,777,547
Employer Premiums	714,260		Jan-Jun Expenses	\$5,639,228
Employee Premiums	158,648		June 30, 2013 Balance	\$728,149
Other Revenues	13,103			
Total Expenses	\$816,150		YTD Gain/(Loss)	\$138,319
Week 1 Claims	169,546			
Week 2 Claims	196,855			
Week 3 Claims	203,265			
Week 4 Claims	127,772			
Clinic Expenses	28,280			
Fixed Costs—Premiums	69,575			
Fixed Costs--Fees	20,857			
Monthly Gain/(Loss)	\$69,861			
June 30 Balance	\$728,149			

### Update on Healthcare Reform

Healthcare reform continues to make headlines. You may have read recently that some requirements of the Affordable Care Act (ACA) have been delayed for one year, from 2014 to 2015. This delay pertains to an employer's responsibility to provide minimum coverage at an affordable cost to all full-time employees, or to pay a penalty. It will not affect the City's 2014 health care offerings, or the cost of those offerings, in any way.

Other aspects of the ACA, including the establishment of health care exchanges and the mandate for individuals to obtain health insurance, are still scheduled for 2014. As required by federal regulations, the City will be sending you more information about health care exchanges no later than October 1, 2013.

### Network Change Coming October 1

On October 1, 2013, the City's health plan will change its preferred provider network from Sagamore to Cigna. The City has been with Sagamore since the self-insured plan began in 1992. We are making the switch because Cigna offers deeper provider discounts, which will lead to significant cost savings. Read the announcement on the next page to see what you need to do to prepare for this change. Notices will also be mailed to your home address. Contact Sue Wolfgang (email [swolfgang@carmel.in.gov](mailto:swolfgang@carmel.in.gov) or call 571-5850) if you have questions about the transition.

Remember, it is now and will remain your responsibility to ensure that you are using network providers in order to qualify for the highest level of benefits.

# Important Notice of Plan Modification

## City of Carmel Employee Health Benefit Plan

### **New Preferred Provider Network**

The City health plan's preferred provider network will change from Sagamore\* to Cigna **effective October 1, 2013**. The Cigna network will allow you to choose from a wide selection of providers throughout the nation. Cigna network providers have negotiated discount savings to maximize your in-network benefits.

#### Network Provider Transition

Most employees will be able to continue using their current providers because nearly 99% of the providers in the Sagamore network are also in the Cigna network. However, there may be a few employees who will need to select new providers in order to continue receiving the in-network benefit level.

Each participant is responsible for verifying a provider's network membership status prior to any service to ensure the claim is covered at the in-network benefit level. We recommend you check the status of your health care providers immediately.

Cigna PPO network providers can be found at [www.Cigna.com](http://www.Cigna.com). On the Cigna home page click "Find a Doctor". Click "Select a plan for your search," select "PPO, Choice Fund PPO," then search the network by name, specialty or location.

### **Hospital Pre-Admission Certification/Continued Stay Review Program**

The Hospital Pre-Admission Certification/Continued Stay Review Program is not changing. However, **effective October 1, 2013**, Cigna will administer the program.

If you have a scheduled hospital admission on or after October 1, 2013, which was pre-certified prior to October 1, 2013, it will be necessary for you to re-certify with Cigna. The Hospital Pre-Admission Certification/Continued Stay Review Program telephone number is 877-625-0205.

### **New BAS Health Identification Card**

In September you will receive a new insurance identification card. This card will be **effective October 1, 2013**.

\*The network for out-of-state retirees will change from PHCS to Cigna.